



RESEARCH

What do you know?

LOCATION

Is the residence located in a good, safe area?

THE BUILDING

Is the building clean, well-kept, and accessible?

CANTISSIMO SENIOR LIVING

Assisted Living Checklist

- Any special prep? What should you bring? Ask ahead.
- Review the facility's website and write additional questions.

1. The residence is easy to get to. *Get specific directions before your visit. If you don't know the way already, use your phone map app.*
2. The residence is close to family and friends.
3. Traveling there will be easy in any kind of weather.
4. There currently is no construction in the neighborhood.
5. It is easy to get in and out of the parking lot by car.
6. Visitors are able to park on the premises.
7. There is a hospital within a 15-minute drive.

Score: ___/7

8. From the parking lot, the building looks attractive.
9. The building is less than 10 years old.
10. The building has been upgraded over time.
11. There are about the right the number of units in the residence: _____ units
12. The units are considered to be apartments.
13. The facility meets federal/state/local licensing requirements.
14. The front entrance has a covering, so car pickups/drop-offs are protected from the elements.
15. The overall residence decor is attractive and home-like.
16. There are safe and attractive places to walk outside and in the surrounding neighborhood.
17. The traffic level and noise level in the immediate neighborhood are acceptable.
18. There are special services available. (e.g. - bank, café, salon, chapel, general store, other)
19. The layout of the facility is easy to follow.
20. The interior spaces feel open and airy.
21. The dining/activity/common spaces appear uncluttered.
22. There is a pleasant or neutral smell inside the building.
23. Doorways, hallways, and rooms are wheelchair and walker accessible.
24. Handrails are available to aid in walking.
25. There is ample natural and artificial lighting.
26. Floors are clean and safe to walk on. (i.e. - not slippery)

Assisted Living Checklist *Continued*

THE BUILDING

CONTINUED

POLICIES

What rules will affect your stay?

APARTMENTS + ROOMS

Do you like the layout and functionality of the individual rooms?

RESIDENTS

What kind of community does this residence have?

- 27. There are working elevators.
- 28. The interior temperature feels comfortable.
- 29. All exits are well marked.

Score: __/23

- 30. An able resident can come and go at will.
- 31. Personal visitors can come and go at will.
- 32. Family members or friends can stay overnight.
- 33. There are hours when visitors are restricted.

Score: __/4

- 34. There are different sizes and types of apartments/rooms available.
- 35. There are units for single and double occupancy available.
- 36. Rooms and bathrooms have handrails and call buttons.
- 37. All the apartments/rooms are private.
- 38. Bathrooms are private with wheelchair and walker accessibility.
- 39. Residents have their own lockable doors.
- 40. There are safety locks on the doors and windows.
- 41. There are security and fire safety systems.
- 42. There is an emergency generator or alternate power source for the building.
- 43. Linens/laundry are provided.
- 44. Cupboards and shelves are easy to reach.
- 45. Carpets are firm to ease walking.
- 46. There is a kitchen/kitchenette.
- 47. Residents are allowed to keep food in their units.
- 48. Smoking is disallowed in residents' rooms/apartments.
- 49. Pets are allowed.
- 50. There is a policy on insurance and personal property.
- 51. There is a 24-hour emergency response system accessible from each room/apartment.
- 52. Residents can bring personal furniture.
- 53. All units have a telephone/cable TV/Wi-Fi.

Score: __/20

- 54. I could talk with residents about how they like living there.
- 55. The residents seem to be people I would like to live with.
- 56. Residents appear happy and comfortable.
- 57. Residents appear to socialize with each other.

Score: __/4

Assisted Living Checklist *Continued*

STAFF

Are staff members friendly, welcoming, and caring?

- 58. The staff was appropriately dressed, personable and outgoing.
- 59. The staff greets/interacts with residents by name.
- 60. The staff members I met during the tour were friendly and knowledgeable.
- 61. The facility is currently 100% staffed with qualified people.
- 62. Staff members are available to provide 24-hour assistance with activities of daily living (ADL) if needed.
- 63. Staff members are available to meet scheduled and unscheduled needs.
- 64. Staff members can speak in the resident's language.
- 65. Staff members are available to assist residents who experience memory, orientation, or judgment losses.
- 66. I was greeted and welcomed by the staff.

Score: __/9

CARE PLAN

What kind of custom care plan does each resident receive?

- 67. There is a written plan for the care of each resident.
- 68. The care plan is updated every 90 days.
- 69. The family and the resident are involved in writing the care plan.
- 70. There is ongoing communication with the family about the resident.
- 71. A resident can be discharged for refusing to comply with a care plan.
- 72. For each service offered, it is provided by the facility rather than outside contractors.
- 73. There are there multiple levels of care offered.

Score: __/7

CONTRACTS

What is covered in the contract?

- 74. A contract is available that details fees, services, and admission and discharge policies.
- 75. The contract addresses levels of care.
- 76. The resident's unit is held if the resident is in the hospital.
- 77. Additional services are available on the same campus if a resident's needs change.
- 78. The contract covers transfer and discharge policies.
- 79. For residents who must leave, there is one month or more notice given.
- 80. The contract allows the right to bring legal action for injury, negligence, etc.
- 81. The resident or family can terminate the contract and receive a refund.
- 82. The residence offers special care units.
- 83. The facility bills for services monthly.

Score: __/10

Assisted Living Checklist *Continued*

FINANCIAL

Is this affordable?
How can I pay?
Is this a worthwhile
investment?

84. This is a private pay only facility.
85. There are government, private or corporate programs available to help cover the cost of services to the resident.
86. There is an entrance fee(s).
87. The monthly rent is affordable: \$_____
88. The security deposit is affordable: \$_____
89. Deposits are refundable.
90. Utilities are included.
91. Notifications of rate increases are given 30 days or more in advance.
92. Late payments are given a grace period of 30 days or more.
93. There is an appeal process for a resident or family regarding a transfer or discharge decision.
94. If a resident runs out of money, it does not result in a discharge.
95. The costs for various levels or categories of services are published.
96. There is a short waitlist.
97. There are additional services available if the resident's needs changes.
98. Residents may handle their own finances with staff assistance.
99. There is a contractual agreement available to include accommodations, personal care, health care and supportive services.
100. The company does not have plans to sell to a new owner in the next 5 years.
101. The company is in good financial condition.

Score: ___/18

MEDICATION + HEALTH CARE

How do they ensure
each resident's
wellbeing?

102. There is a resident healthcare assessment prior to admission.
103. There is a nurse on staff 24/7.
104. Residents can choose their own doctors, therapists, or pharmacies.
105. Medications are well-managed in the facility. (i.e. storage, assistance with medications, training and supervision of staff and record keeping)
106. A physician or nurse visits residents regularly to provide medical checkups.
107. The facility coordinates home care visits from a nurse, physical therapist, etc. if needed.
108. There is a procedure for responding to a resident's medical emergency.

Assisted Living Checklist *Continued*

MEDICATION + HEALTH CARE

CONTINUED

- 109. Self-administration of medication allowed, if appropriate.
 - 110. All services are in-house, not contracted. (e.g. *physical therapy, hospice*)
 - 111. There is an effective infection control procedure. Score: ___/10
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DINING

How are meals and food served?

- 112. The residence provides three nutritionally balanced meals a day, seven days a week.
 - 113. Snacks are available.
 - 114. Residents may eat meals in their units.
 - 115. Meals are provided at set times.
 - 116. A resident can request special food.
 - 117. Common dining areas are available. Score: ___/6
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ACTIVITIES

Can I carryout my preferred lifestyle?

- 118. There is a daily organized activities program with a posted schedule.
 - 119. There is a library or reading room.
 - 120. Residents participate in the neighboring community.
 - 121. Volunteers, including family members, come into the residence to help with or conduct programs.
 - 122. The residence provides the opportunity for residents to undertake chores or perform specific activities that benefit all residents.
 - 123. The residence has its own pets or provides for pets to visit the facility.
 - 124. Transportation services are available.
 - 125. Transportation services are provided without an extra fee.
 - 126. There are parking facilities for residents.
 - 127. There are no additional parking fees for residents or visitors.
 - 128. The residence offers worship services.
 - 129. Transportation to worship services is provided. Score: ___/12
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TOTAL: _____ / 129

Assisted Living Checklist *Continued*

GENERAL NOTES

OBSERVATIONS

SAFETY QUESTIONS

LEGAL + FINANCIAL QUESTIONS

FOLLOW UP QUESTIONS
